



ho knows what's under that dress? We'll never tell! Here at the secret Society of Charm, we support you and your fabulous style from head to toe! And what's

more fabulous than matching vintage-inspired lingerie? The Vargas Panties will have you looking like a pinup

bombshell and come in both a high-waisted and a bikini version.

The best part? They are designed with a contrasting front panel (suitable for both woven and stretch fabrics), so you can make a pair to match every one of your Charm outfits.

xoxo, Gertie

Key Details

- Picot elastic trim
- Contrast front panel





Bikini, size 6 charmeuse front, flocked mesh back



Bikini with patterned mesh back



Bikini, size 6 flocked mesh/charmeuse front, solid mesh back









solid mesh back

High-waisted, size 6 lace/charmeuse front, lace/charmeuse front, solid mesh back

High-waisted

with ladder trim



High-waisted, size 20 silk satin front, solid mesh back



High-waisted with lace overlay



SIZE CHART

The Vargas Panties are sized in women's US 2–20 and 18–34. Please use the chart below to pick your size. Take the waist measurement at the smallest part of your torso and the hip measurement at the widest part of your hips. Not sure which size range to choose? Read more about our two size ranges here!

SIZES 2-20	2	4	6	8	10	12	14	16	18	20
Waist	24 in 61 cm	26 in 66 cm	28 in 71.1 cm	30 in 76.2 cm	32 in 81.3 cm	34 in 86.4 cm	36 in n 91.4 cr		40 in n 101.6 cm	42 in 106.7 cm
Hips	36 in 91.4 cm	38 in 96.5 cm	40 in 101.6 cm	42 in 106.7 cm	44 in 111.8 cm	46 in 116.8 cr			52 in 132.1 cm	54 in 137.2 cm
SIZES 18-34	18	20	22	24	4 2	26	28	30	32	34
Waist	40 in 101.6 cm	42 in 106.7 cn	44 in n 111.8 c				50 in 127 cm	52 in 132.1 cm	54 in 137.2 cm	56 in 142.2 cm

56 in

142.2 cm

58 in

147.3 cm

54 in

137.2 cm

FIT NOTES

The Vargas Panties are designed to hug the body, with between negative 3½ to 0 inches (in) (9 to 0 cm) of ease at the waist and several inches of negative ease in the hips. You can adjust the fit of the waist and leg openings by cutting the elastic shorter or longer depending on your fit preference, so we have given a range of mesaurements for the areas where elastic is applied. The smallest measurement is with our recommended elastic length, and the larger measurement is with elastic cut to the exact circumference of the waist or leg opening. (Note that the finished hip measurements are not measured at the fullest part of the hip, so it is not possible to compare directly to the size charts above.) See the charts below for finished garment measurements.

Finished Measurements

60 in

152.4 cm

62 in

157.5 cm

64 in

162.6 cm

- Hips are measured at the bottom leg opening, 4 in (bikini sizes 2–20), 5 in (high waist sizes 2–20), 4¹/4 in (bikini sizes 18–34), or 5¹/4 in (high waist sizes 18–34) below natural waist.
- Crotch Length is measured from center front to center back, between your legs.

SIZES 2	-20	2	4	6	8	10	12	2	14		16	18	20
	Dilini	20.75–25 in	22.75-27 in	24.75-29 in	26.75-31 in	28.75–33 in	30.75-3	35 in	32.75-3	7 in	34.75-39 i	n 36.75–41 in	38.75-43 in
14/1-1-1	Bikini	52.7–63.5 cm	57.8–68.6 cm	62.8–73.7 cm	67.9–78.7 cm	73–83.8 cm	78.1-88.	.9 cm	83.2-94	cm	88.3–99.1 c	m 93.3–104.1 cm	98.4–109.2 cm
Waist	High	19.75–24 in	21.75-26 in	23.75–28 in	25.75–30 in	27.75–32 in	29.75-3	34 in	31.75-36	5 in	33.75–38 i	n 35.75–40 in	37.75-42 in
	Waist	50.2–61 cm	55.2–66 cm	60.3–71.1 cm	65.4–76.2 cm	70.5–81.3 cm	75.6-86	6.4 cm	80.6-91.4	cm	85.7–96.5 c	m 90.8–101.6 cm	95.9–106.7 cm
	Dikimi	26.5 in	28.5 in	30.5 in	32.5 in	34.5 in	36.5	in	38.5 ir	۱	40.5 in	42.5 in	44.5 in
Lline	Bikini	67.3 cm	72.4 cm	77.5 cm	82.6 cm	87.6 cm	92.7 (cm	97.8 cr	n	102.9 cm	108 cm	113 cm
Hips	High	28.5 in	30.5 in	32.5 in	34.5 in	36.5 in	38.5	in	40.5 ir	n	42.5 in	44.5 in	46.5 in
	Waist	72.4 cm	77.5 cm	82.6 cm	87.6 cm	92.7 cm	97.8 0	cm	102.9 c	m	108 cm	113 cm	118.1 cm
	Bikini	18–21.5 in	19.25-22.75 in	20.25-23.75 in	21.5–25 in	22.5–26 in	23.75-27	7.25 in	24.75-28.2	25 in	26–29.5 ir	n 27–30.5 in	28.25-31.75 in
Leg		45.7–54.6 cm	48.9–57.8 cm	51.4–60.3 cm	54.6–63.2 cm	57.2–66 cm	60.3-69).2 cm	62.9-71.8	cm	66–74.9 cr	n 68.6–77.5 cm	71.8–80.6 cm
Opening	High	17-20.25 in	18.25–21.5 in	19.25-22.5 in	20.5–23.75 in	21.5-24.75 in	22.75-2	26 in	23.75-22	7 in	25-28.25 i	n 26–29.25 in	27.25-30.5 in
	Waist	43.2–51.4 cm	46.4–54.6 cm	48.9–57.2 cm	52.1–60.3 cm	54.6–62.9 cm	57.8-66	6 cm	60.3-68.6	6 cm	63.5–71.8 c	m 66–74.3 cm	69.2–77.5 cm
	D .1 · · ·	13.75 in	14.75 in	15.75 in	16.75 in	17.75 in	18.75	i in	19.75 i	n	20.75 in	21.75 in	22.75 in
Crotch	Bikini	34.9 cm	37.5 cm	40 cm	42.5 cm	45.1 cm	47.6 0	cm	50.2 cr	n	52.7 cm	55.2 cm	57.8 cm
Length	High	14.25 in	15.25 in	16.25 in	17.25 in	18.25 in	19.25	i in	20.25 i	in	21.25 in	22.25 in	23.25 in
	Waist	36.2 cm	38.7 cm	41.3 cm	43.8 cm	46.4 cm	48.9 0	cm	51.4 cr	n	54 cm	56.5 cm	59.1 cm
SIZES 18	3-34	18	20	22	24	2	26		28		30	32	34
		34.5-40.75 in			in 40.5-46.		48.75 in	44.5-	50.75 in	46.5	-52.75 in	48.5-54.75 in	50.5-56.75 in
	Bikini	87.6–103.5 cm					23.8 cm		28.9 cm		–134 cm	123.2–139.1 cm	128.3–144.1 cm
Waist	High	33.25–39.5 in	35.25-41.5 ir	n 37.25–43.5	in 39.25-45	5.5 in 41.25-	-47.5 in	43.25	–49.5 in	45.2	5–51.5 in	47.25-53.5 in	49.25-55.5 in
	Waist	84.5–100.3 cm	n 89.5–105.4 cr	n 94.6–110.5 d	cm 99.7–115.	6 cm 104.8–1	120.7 cm	109.9-	125.7 cm	114.9	-130.8 cm	120–135.9 cm	125.1–141 cm

48 in

121.9 cm

Hips

50 in

127 cm

52 in

132.1 cm

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Waist	High	33.25-39.5 in	35.25-41.5 in	37.25-43.5 in	39.25-45.5 in	41.25-47.5 in	43.25-49.5 in	45.25-51.5 in	47.25-53.5 in	49.25–55.5 in
	Waist	84.5–100.3 cm	89.5–105.4 cm	94.6–110.5 cm	99.7–115.6 cm	104.8–120.7 cm	109.9–125.7 cm	114.9–130.8 cm	120–135.9 cm	125.1–141 cm
	Bikini	41.5 in	43.5 in	45.5 in	47.5 in	49.5 in	51.5 in	53.5 in	55.5 in	57.5 in
Hips	DIKITI	105.4 cm	110.5 cm	115.6 cm	120.7 cm	125.7 cm	130.8 cm	135.9 cm	141 cm	146.1 cm
пірз	High	32.5 in	34.5 in	36.5 in	38.5 in	40.5 in	42.5 in	44.5 in	46.5 in	48.5 in
	Waist	82.6 cm	87.6 cm	92.7 cm	97.8 cm	102.9 cm	108 cm	113 cm	118.1 cm	123.2 cm
	Bikini	24.75-28.25 in	25.75-30.25 in	27-32.25 in	28-34.25 in	29.25-36.25 in	30.25-38.25 in	31.5-40.25 in	32.5-42.25 in	33.75-44.25 in
Leg	DIKITI	62.9–71.8 cm	65.4-76.8 cm	68.6–81.9 cm	71.1–87 cm	74.3–92.1 cm	76.8–97.2 cm	80–102.2 cm	82.6–107.3 cm	85.7–112.4 cm
Opening	High	23.75-27.25 in	24.75-29.25 in	26-31.25 in	27–33.25 in	28.25-35.25 in	29.25-37.25 in	30.5-39.25 in	31.5-41.25 in	32.75-43.25 in
	Waist	60.3–69.2 cm	62.9–74.3 cm	66–79.4 cm	68.6-84.5 cm	71.8–89.5 cm	74.3–94.6 cm	77.5–99.7 cm	80–104.8 cm	83.2–109.9 cm
	Bikini	20.75 in	21.75 in	22.75 in	23.75 in	24.75 in	25.75 in	26.75 in	27.75 in	28.75 in
Crotch	DIKITI	52.7 cm	55.2 cm	57.8 cm	60.3 cm	62.9 cm	65.4 cm	67.9 cm	70.5 cm	73 cm
Length	High	21.75 in	22.75 in	23.75 in	24.75 in	25.75 in	26.75 in	27.75 in	28.75 in	29.75 in
	Waist	55.2 cm	57.8 cm	60.3 cm	62.9 cm	65.4 cm	67.9 cm	70.5 cm	73 cm	75.6 cm

Jabric Notes

Lingerie requires specialty fabrics and elastics.

For the back panel of the panties, we recommend lingerie mesh, power mesh (not power net), stretch lace, or a stretch knit like jersey as the main fabric. You'll want 4-way stretch fabric with at least 50% stretch in one direction. You may use a fabric with more or less stretch, but you may need to adjust the fit of the pattern (stretchier fabrics will result in a looser fit and vice versa).

For the front panel and its lining, use a stable woven with or without a sheer overlay. We recommend cottons like broadcloth, sateen, or lawn; nylon or synthetic duoplex; silk or synthetic satin or charmeuse. For a sheer overlay, use tulle, lace, or mesh.

If you wish to use a stretch knit for the front panel overlay, you must line or underline it with a stable woven. Any of the stable wovens recommended above may be used for lining or underlining, but we suggest something that will be soft against your skin.

Use a cotton or other natural fiber jersey for the crotch lining.

Materials & Notions

- Fabric for the front panel
- Sheer overlay for front panel (optional)
- Fabric for the back panel
- Stable woven fabric for the front panel lining
- · Cotton jersey fabric for the crotch lining
- Thread to match
- 21/2 to 4 yards (2.3 to 3.7 m) 1/4-in (6 mm) picot elastic for the panties
- 8 inches (20 cm) ¹/₄-in (6 mm) clear or regular elastic (optional, for ruched back on bikini panties)

Resources

Here are some of the fabrics and supplies I used for the samples and in the video tutorial. There are lots of places to purchase fabric, so this is solely a guide you can use as a reference:

Flocked heart mesh Silk charmeuse Ladder trim

Solid mesh Picot elastic Lingerie bows

REQUIRED YARDAGE & CUTTING LAYOUTS NOTES

- The Vargas Panties are designed with a ¹/₄-in (6 mm) seam allowance at the waist and leg openings to accommodate picot elastic with a ¹/₄-in-wide elastic portion.
- Before cutting, compare your picot elastic width to what is recommended, measuring just the regular elastic portion (not including the picots). If your picot elastic is smaller or larger than 1/4-in (6 mm), you will need to alter the seam allowances at the waist and leg openings accordingly.
- The panty pattern pieces are cut following the direction of greatest stretch (DOGS) rather than the grainline. The DOGS goes horizontally around the body. Each pattern piece has this marked to indicate the pattern placement on the fabric.

PATTERN PIECES

- 1. Bikini Panties Front Panel Cut 1 fabric on fold, 1 woven lining on fold
- 2. Bikini Panties Back Panel Cut 1 fabric on fold

Bikini Panties



Panty Back Fabric

(2)	All sizes	
Any WOF*	^I /2 yd .5 m	
Or a piece measuring	18 in x 54 in 45.8 cm x 135.6 cm	
*Sizes 26-34	won't fit	2

on 45 in WOF.

Both styles

Cotton Jersey (5)

	All sizes	
Any WOF	³ ⁄8 yd .3 m	
Or a piece measuring	10 in x 9 in 25.4 cm x	5
measuring	20.3 cm	FOL

3. High-waisted Panties Front Panel Cut 1 fabric on fold, 1 woven lining on fold

- 4. High-waisted Panties Back Panel Cut 1 fabric on fold
- 5. Crotch Lining Cut 1 cotton jersey on fold

High-waisted Panties







KEY TO LAYOUTS

FOLD



Be sure to note whether the pieces are cut on a double or single layer of fabric. For a double layer, there will be a note indicating FOLD on the layout.

SEWING INSTRUCTIONS

BEFORE SEWING

Transferring marks: use dressmaker's tracing paper and a tracing wheel to transfer all pattern markings to the wrong side (WS) of your fabric. Mark your pattern notches with a fabric marking pen or chalk in the seam allowances of the pattern. Do not snip into the seam allowances to mark your notches!

NOTES

- 5%-in (1.5 cm) seam allowances are included on all pattern pieces, except where otherwise noted.
- Use a stretch machine needle to avoid skipped stitches.
- Stretch fabric does not fray, so seam finishing isn't necessary.
- Use a 2.5 mm straight stitch for seams and topstitching, except where otherwise noted.
- Use caution when pressing synthetic fabrics and always use a press cloth. Do not press elastics as they will melt!
- Watch the companion video for additional tips and step-by-step instructions.

SEWING PICOT ELASTICS

 Lingerie picot elastic can easily be sewn on a standard sewing machine and is sewn in two passes. The prettier side of the elastic is the right side (RS) and will face the outside of the garment. The softer side of the elastic will be the WS, which goes against your skin. For the first pass, pin the RS of the elastic to the RS of the fabric, aligning the straight edge of the elastic with the raw edge of the fabric. Gently stretch the picot elastic to match the length of the pattern pieces as you sew. Stitch close to the picot edge without catching the picots in your stitching, using a standard zigzag stitch with a stitch length of 2.5 mm wide by 2.5 mm long. After stitching, use duckbill or applique scissors to carefully trim the seam allowance; it should not be visible past the straight edge of the elastic.

• For the second pass, turn the elastic to the WS of the fabric and pin into place, enclosing your seam allowance between the fabric and the elastic. Stitch close to the straight edge of the elastic using a threestep zigzag stitch with a stitch length of 4 mm wide by 5 mm long. Hold the elastic taut in front of and behind your presser foot as you sew.

ADDING DECORATIVE RIBBON

- Before cutting the fabric, measure the width of your laddered ribbon and remove half the ribbon width from the front panel side seams. Remove half the ribbon width as well as the seam allowance from the back panel at the side seams. Sew the front panel to the front panel lining along the side seam, RS together. Turn to the RS and press flat. Pin the WS of the ribbon to the RS of the front panel, aligning the inside of the laddered edge of the ribbon to the sewn edge of the fabric. Topstitch the ribbon into place along the inside laddered edge of the ribbon and next to the outside edge of the ribbon.
- Repeat these steps to attach the other side of the ribbon to the back panel, aligning the inside of the laddered edge of the ribbon to the raw edge of the side seam. Topstitch along the inner and outer edges of the ribbon, and then carefully trim the excess seam allowance (if any).

SEW THE VARGAS PANTIES

Bikini and High-waisted Panties

1. Ruche panty back (optional, bikini panties only): measure the height of the Bikini Panties Back Panel (2) at center back (CB) and cut a length of ¹/₄-in (6 mm) clear or regular elastic to 75–85% of that length. A shorter length of elastic will result in more ruching. On the WS of the back panel mark the CB line using a fabric marking pen or chalk. Pin one end of the elastic to the WS of the bikini panties at the CB line, with the elastic extending to the raw edge but placing your pin ¹/₄ in (6 mm) from the waist raw edge. Pin the other end of the elastic, placing your pin ⁵/₈ in from the crotch raw edge on the CB line, with the elastic extending to the raw edge. Stitch the elastic along the CB line with a zigzag stitch, stretching the elastic between the pins as you sew. **2. Prepare panty front:** pin the Front Panel (1 or 3) to the front panel lining, WS together, at the panty crotch seam.

3. Assemble panties: pin the front panel to the Back Panel (2 or 4) RS together at the panty crotch seam. You will be sandwiching the front panel between the front panel lining and the back panel. Baste the crotch seam using ¹/₂-in (1.3 cm) seam allowance.

4. Attach crotch lining: pin RS of Crotch Lining (5) to WS of back panel at the panty crotch seam. You will be sandwiching the front panel and back panel between the front panel lining and the crotch lining. Stitch the crotch seam and trim seam allowances.

5. Baste crotch lining: flip the crotch lining to the RS. Pin the WS of the crotch lining to the RS of the front panel lining, together with the front panel, along the crotch lining sides, matching notches. Baste the crotch lining sides to the front panel unit, WS together, with ¹/₂-in (1.3 cm) seam allowance. The top of the crotch lining will remain unattached.

6. Sew side seams: pin the front panel to the front panel lining at the side seam, RS together, with the back panel sandwiched inside. The RS of the front panel will face the RS of the back panel, and the RS of the front panel lining will face the WS of the back panel. Stitch and carefully trim the seam allowance. Repeat for the other side seam. Turn panty RS out and press side seams flat (if appropriate for your fabric). **NOTE:** when pinning the second side seam, it helps to roll the back panel tightly using the burrito method (exactly what it sounds like!), so that it will fit inside the space created by the front panel/front panel lining.

7. Edgestitch side seam (optional): edgestitch front panel from RS, being sure to catch seam allowances in the stitching.

8. Assemble leg opening elastics: cut two lengths of ¹/4-in (6 mm) picot elastic based on your size in the chart in the next row. You may want to check the length of this elastic with your leg circumference, so you can make any adjustments based on your own comfort before sewing. Overlap the ends of the elastic by 1 in (2.5 cm) to create a ring, being careful not to twist the elastic. Tuck under the elastic ends so they are not seen and pin into place. Stitch using a zigzag stitch.

Sizes 2-20	2	4	6	8	10	12	14	16	18	20
Bikini	19 in 48.3 cm							in 27 in :m 68.6 ci	28 in m 71.1 cm	29.25 in 74.3 cm
High Waist								in 26 in :m 66 cn	27 in n 68.6 cm	28.25 in 71.8 cm
Sizes 18-34	18	20	22	24	4 2	26	28	30	32	34
Bikini	25.75 in 65.4 cm	26.75 i 67.9 cr					31.25 in '9.4 cm	32.5 in 82.6 cm	33.5 in 85.1 cm	34.75 in 88.3 cm
High	24.75 in	25.75 i	n 27 ir	1 28	in 201	25 in 3	30.25 in	31.5 in	32.5 in	33.75 in

9. Attach leg opening elastics: using four pins, mark the quarter points of the elastic ring, with one pin at the center of the elastic join section. On the panties, mark the quarter points of each leg opening with pins. One pin should be at the back crotch seam; this is where you will place the elastic join section. Pin the elastic RS to the panty RS, following the earlier instructions for sewing picot elastics. Stitch in two passes.

10. Assemble waist elastic: cut one length of ¹/₄-in (6 mm) picot elastic based on your size in the chart below. Create an elastic ring, following the instructions for the leg opening elastics in the earlier step.

11. Attach waist elastic: using four pins, mark the quarter points of the elastic, with one pin at the center of the elastic join section. On the panties, mark the quarter points starting at CB. Place the elastic join at CB. Pin the elastic RS to the panty RS, following the earlier instructions for sewing picot elastics. Stitch in two passes.

Sizes 2-20	2	4	6	8	10	12	2 1	4	16	18	20
Bikini										in 37.75 ir m 95.9 cm	
										n 36.75 ir n 93.3 cm	
Sizes 18-34	18	20	22	24	4	26	28	:	30	32	34
Bikini	35.5 in 90.2 cm					3.5 in 0.5 cm			7.5 in).7 cm	49.5 in 125.7 cm	51.5 in 130.8 cm
High Waist										48.25 in 122.6 cm	

12. Panty finishing: steam the finished panties to relax the elastic after the stitching process. You may wish to hand tack a small ribbon bow at waist CF or to cover the visible elastic join section at waist CB.

Enjoy your sexy new Vargas Panties!

PATTERN PIECE LOCATION GUIDE

Here is a list to help you locate the pattern pieces on the letter-size tiled pages and AO pattern sheets. The tiled pieces and AO sheets are included as separate pdf files as part of this digital pattern.

		SIZES 2-	20	SIZES 18-34		
PC#	Piece Name	Tiled	AO	Tiled	AO	
1	Bikini Panties Front Panel	1, 7	1	1, 8	1	
2	Bikini Panties Back Panel	2-4, 8-9	1	2-5, 9-10	1	
3	High-waisted Panties Front Panel	6, 12	1	6-7, 14	1	
4	High-waisted Panties Back Panel	4-5, 9-11	1	4-6, 10-13	1	
5	Crotch Lining	7-8	1	8-9	1	

TILING MAPS

Sizes 2-20





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HOW TO USE THIS PATTERN

The pattern pieces are tiled so you can print them on Letter (8¹/₂" x 11") or A4 size paper. You can also send the A0 pattern sheet PDF to a local or online printer (like www.pdfplotting. com) to print on large sheets (36" x 48" for U.S. or AO for international).

This pattern includes size layers. To get the best results, open either the Tiled or A0 pattern pieces PDF in Acrobat Reader.

Open the Layers Palette (View> Show/Hide>Navigation Panes>Layers) and hide all of the layer(s) except for the ones you want to print by clicking on the eye icon.

The All Sizes layer has general pattern information and will always print.



WORKING WITH THE TILED PIECES

Go to File>Print and change the page range to the pages you need for the pieces you've chosen (see Pattern Pieces Printing Index). Make sure the Page Sizing settings to 100% or Actual Size. Test this after printing by measuring the 1" test box on the first page of the bodice pattern pieces.

Cut apart any pattern pieces that share a page by cutting on the gray long dashed lines. Then fold back the page margins on each page as directed.

Tape the pages together, butting up the folded page edges with the gray margin lines, matching up the letters in the gray boxes.

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